

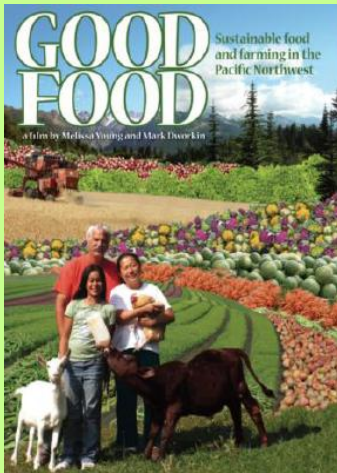


presents

# rethink food & waste film + speaker night

Join us to watch the award-winning, documentary GOOD FOOD produced by Moving Images Video Project, as they visit producers, farmers' markets, distributors, stores, restaurants & public officials who are working to develop a more sustainable food system.

You'll hear from a local organic farmer, pasture-to-plate ranchers, local food forager, restaurant owner & learn about their businesses, successes & challenges as they work to bring us good food!



Something remarkable is happening in the fields and orchards of the Pacific Northwest. Small family farmers are making a comeback.

They're growing much healthier food, and more food per acre, while using less energy and water than factory farms. For decades Northwest agriculture was focused on a few big crops for export – but to respond to climate change and the end of cheap energy, each region needs to produce more of its own food and to grow food more sustainably.

“A film made to awaken our taste buds and our courage.”

Frances Moore Lappe

## Guest Speakers



**Councillor Craig Keating** will facilitate this evening's discussion and tell us about his family's 100 head grass-finished cattle ranch, and their pasture-to-plate barriers to market.



**Barb Schellenberg** of Ethical Kitchen is passionate about the nutrition of our food with a heightened awareness of husbandry issues & in providing food with care in where it originates.



**Jeremy Pitchford** is an organic farmer with Glen Valley Organic Farm Co-operative, a 50 acre parcel of land in the Fraser Valley. The farm's soil is amongst the richest & most productive land available.



**Denise Breyley**, Whole Foods West Coast Food Forager, sources fresh, locally grown food from the Pacific Northwest & will tell us about the amazing farmers, ranchers & producers who supply our tables.

**Wednesday, November 23, 2011**

**Kay Meek Center, Studio Theatre**

**1700 Mathers Street, West Vancouver (next to West Van Secondary)**

**Doors Open 6 pm | Film & Speakers 6:30-8:30 pm | FREE Admission**